Prevent Opioid Misuse & Abuse

Treat Opioid Addiction

Reduce Opioid Overdose Death
A public health crisis impacts...

- Economic Opportunity
- Housing
- Environment
- Education
- Food
- Transportation
- Neighborhoods

Public Health 3.0 (HHS-OASH, 2016)
Region VIII Opioid Consultation Team
Region VIII Opioid Consultation Team: Activities

• Quarterly Meetings/Webinars/Regional Learning Community
• Region VIII 5-part webinar series on PDA/Opioid Addiction
• Resource Dissemination: Grants/ Technical Assistance/ Publications
• Community Engagement: Great Plains IHS Area Office; Carbon County, UT
• Consolidated Federal Resources
Federal Regional Model of Consultation

Leadership

Partnership

Data

Evidence-Based Practices

Resources

Community Prevention

Workforce

State Tribe Community

Crisis Services

Recovery Support

Clinical Practice
### Opioid Strategies: COMMUNITY PREVENTION

#### Strategic Planning
- Substance Abuse Prevention Planning and Epidemiology Tool (SAPPET) - an online data system that collects and aggregates data from national sources. [http://www.sappet-epi.com](http://www.sappet-epi.com) (password: sappet)
- **Shared Risk and Protective Factors (SHARP) Tool**: an interactive online product that provides research-based inventory of risk and protective factors. [http://sharp.edc.org](http://sharp.edc.org)
- CDC Prescription Drug Overdose: Prevention for States Program (2015-2019) - resources to prevent prescription drug overdoses: (1) maximizing PDMPs; (2) improving public insurance coverage; and (3) evaluating policies to identify prevention that works.

#### Funding
- SAMHSA: Strategic Prevention Framework for Prescription Drugs (SPF-RX).
- ONCDP/SAMHSA: Drug Free Communities Support Grant Program.
- HRSA: Rural Assistance and CHC SUD investment
- SAMHSA: Enhancing Opioid Treatment Program Patient Continuity of Care through Data Interoperability
- CDC Prescription Drug Overdose: Prevention for States Program

#### Harm Reduction
Public health strategies to mitigate risks associated with opioid misuse/overdose

- **Public Education**
  - Facing Addiction in America (SGOTUS, 2016)
  - Turn the Tide Campaign (SGOTUS, 2016). [www.turnthetiderx.org](http://www.turnthetiderx.org); #TurnTheTideRx.

- **Provider Education**
  - Mandatory pain/opioid training for provider license renewal
  - CDC/CMS Poster: “Clinician Commitment Poster to Patient Prescription Safety”

- **Syringe Exchange Programs**
  - [https://www.aids.gov/federal-resources/policies/syringe-services-programs/](https://www.aids.gov/federal-resources/policies/syringe-services-programs/)

- **CDC Webinar**

#### Medication Disposal
Safe and responsible ways for people to dispose of unused prescription drugs

- **DEA National Prescription Drug Take Back Day.** [www.justice.gov/dea](http://www.justice.gov/dea)
  - Disposal Regulations: Registrant Fact Sheet (PDF)
  - Disposal Act: General Public Fact Sheet (PDF)
  - Disposal Act: Long Term Care Facility Fact Sheet (PDF)
- **FDA - How to Dispose of Unused Medicines.** [www.fda.gov](http://www.fda.gov)
- **EPA - How to Dispose of Medicines Properly.** [www.epa.gov](http://www.epa.gov)

### Federal Region VIII Opioid Consultation Team

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### Naloxone
Lifesaving opioid overdose reversal drug. States, Tribes, and local communities are encouraged to expand access to naloxone for first responders and individuals likely to witness an opioid overdose and to train health care providers to prescribe naloxone to at-risk patients/family members.

- SAMHSA (2014) State notification: State’s can use the Federal SAPT Block Grant to purchase naloxone and cover costs associated with dissemination of overdose kits, [www.samhsa.gov](http://www.samhsa.gov)
- Opioid Overdose Toolkit (SAMHSA, 2016) [www.samhsa.gov](http://www.samhsa.gov)
- OpiRescue App
- Enacting Good Samaritan laws to protect those helping treat overdoses
- Indian Health Services equips all Bureau of Indian Affairs (BIA) law enforcement officers with Naloxone(2016)
- Air Force 1st Responder Naloxone Training/Advanced Distributed Learning Service [https://afms.adls.af.mil](https://afms.adls.af.mil)
- VA Opioid Overdose Education & Naloxone Distribution (OEND) focused on education of providers on Naloxone distribution to Veterans on long-term opioid therapy. [https://www.pbm.va.gov/PBM/academicdetailingservice/Opioid_Overdose_Education_and_Naloxone_Distribution.asp](https://www.pbm.va.gov/PBM/academicdetailingservice/Opioid_Overdose_Education_and_Naloxone_Distribution.asp)
  - VA YouTube videos: “Intro for People with Opioid Use Disorders”; “Intro for People Taking Prescribed Opioids”; “How to Use the VA Naloxone Nasal Spray”; “How to Use the VA Auto-Injector Naloxone Kit”

### Detoxification
A set of interventions aimed at managing acute intoxication or withdrawal. Goal is to minimize the physical harm caused by abuse/overdose of substances.


- The SAMHSA-HRSA Center for Integrated Health Solutions Tele-behavioral Health Training and Technical Assistance Series can help safety net providers and rural health clinics understand and adopt tele-behavioral health services. [www.integration.samhsa.gov/workforce](http://www.integration.samhsa.gov/workforce)
- Telehealth monitoring can reduce chronic pain, opioid use (JAMA, 2014). Telehealth services can help primary care physicians reduce chronic pain through better monitoring and reduced opioid use
- American Medical Association has endorsed the use of remote monitoring and delivery of services
- American Telemedicine Association has developed telemedicine practice guidelines for live, on-demand primary and urgent care.
- American Well - VirtualHealth Now is supporting telehealth services (primary urgent care services via smartphone, computer or tablet) in hospitals in MA, WA, OK, PA, and AZ.
- AHRQ Grants to Support Use of Telemedicine to Improve Opioid Addition Treatment: CO, OK, PA
**Funding**

- HUD: Homelessness Assistance grants to support MAT and recovery housing
- SAMHSA: Bringing Recovery Supports to Scale (BRSS TACS)
- SAMHSA: Services in Supportive Housing (SSH)
- SAMHSA: Targeted Capacity Expansion Peer-to-Peer grant program
- SAMHSA: Recovery Community Services Program-Statewide Network
- SAMHSA: Statewide Peer Networks for Recovery and Resiliency
- SAMHSA: Supported Employment Program

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**Federal Region VIII Opioid Consultation Team**

**Technical Assistance**

- Resource Center to Promote Acceptance, Dignity, and Social Inclusion
- US Interagency Council on Homelessness
- Homelessness Resource Center
- National Consumer Supporter Technical Assistance Center
- National Center for Substance Abuse and Child Welfare
- SSI/SSDI Outreach, Assess, and Recovery Tech Assistance Center
- Center for Integrated Health Solutions

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**Recovery**

Recovery is defined as: “A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

- SAMHSA BRSS-TACS MAT Toolkit. (SAMHSA, 2015)
- Handbook of Decisions in Recovery: Treatment for Opioid Use Disorders, which assists in learning about MAT and comparing treatment options for persons seeking recovery from an opioid use disorder.
- Shared Decision Support Toolkit - Gives an overview of shared decision-making (SDM), an intervention that enables people to actively manage their own health. [www.samhsa.gov](http://www.samhsa.gov)
- Guiding Principles and Elements of Recovery-Oriented Systems of Care. What do we know from the research?
- The Road to Recovery. Join the Voices for Recovery Now More Than Ever!
- The Road to Recovery. Language Matters. Talking about Addiction and Recovery
- Wellness Initiative - Promotes the importance of addressing all parts of a person's life in hopes of increasing life expectancy for persons with behavioral health problems.

**Health**

Overcoming or managing one’s disease(s) or symptoms and access to treatment services.

- Behavioral Health Treatment Services Locator ([www.samhsa.gov](http://www.samhsa.gov))
- Buprenorphine Physician & Treatment Program Locator ([www.samhsa.gov](http://www.samhsa.gov))
- Opioid Treatment Program Directory ([www.samhsa.gov](http://www.samhsa.gov))
- Million Hearts Initiative (CDC)

**Home**

Having a stable and safe place to live

- Partnering to End Homelessness in a Changing Health Care Environment (SAMHSA, 2012)
- Permanent Supportive Housing Evidence-Based Practices (EBP) KIT (SAMHSA, 2010)
- Projects for Assistance in Transition from Homelessness. [www.samhsa.gov](http://www.samhsa.gov)
- Cooperative Agreements to Benefit Homeless Individuals for States. [www.samhsa.gov](http://www.samhsa.gov)
- Permanent Supportive Housing Evidence-Based Practices Kit (SAMHSA/HUD, 2010)

**Community**

Having relationships and social networks that provide support, friendship, love, and hope

- Association of Recovery Schools ([www.recoveryschools.org](http://www.recoveryschools.org))
- Cultural Competency in Mental Health Peer-run Programs and Self-help Groups: A Tool to Assess and Enhance Your Services (2010)
- From the Ground Up: How to Build Your Own Peer-to-Peer Recovery Center
- Providing Services in Supportive Housing (2013)

**Purpose**

Conducting meaningful daily activities (e.g., employment, volunteerism, or creative endeavors)

- First Step Employment Program Helps Women (SAMHSA, 2015)
- Supported Employment Evidence-Based Practices (EBP) KIT (SAMHSA, 2010)
The Drug Addiction Treatment Act (DATA, 2000) & the Comprehensive Addiction and Recovery Act (CARA, 2016) authorizes MD, PA, and NP/APRN to prescribe specifically approved Schedule III, IV, and V narcotics (Buprenorphine, Suboxone, and Naltrexone) for the treatment of opioid addiction.

- New Federal Regulations Increase Limit Rule to 275 Patients: Physicians who have prescribed buprenorphine to 100 patients for at least one year can now apply to increase their patient limits to 275 under new federal regulations. infobuprenorphine@samhsa.hhs.gov
  - Understanding the Final Rule for a Patient Limit of 275 (2016).
  - NPs and Pas eligible: must complete 24 hours of training to be eligible for a prescribing waiver

**Clinician Support and Continuing Education**

- **Physician Clinical Support System for Opioids (PCSS-O):** free physician mentoring from experts on prescribing opioids for chronic pain & office-based treatment of opioid dependence. [www.pcso.org](http://www.pcso.org)
- **Physician Clinical Support System for Buprenorphine (PCSS-B):** free physician mentoring from experts on office-based treatment of opioid addiction with buprenorphine. [www.pcssb.org](http://www.pcssb.org)
- **Strategies to Address Opioid & PDA:** Central Rockies ATTC, CEU webinar series(2015)
- **“Prescribing Opioids for Chronic Pain.”** [wwwopioidprescribing.com](http://wwwopioidprescribing.com)
- **SAMHSA CE, Clinical Challenges in Prescribing Controlled Drugs: Prescribing Opioids for Chronic Pain.**
- University of New Mexico ECHO program

- SAMHSA Minority Fellowship Program (MFP) [www.samhsa.gov](http://www.samhsa.gov)
- Indian Health Service Loan Repayment Program. [https://www.ihs.gov/loanrepayment/](https://www.ihs.gov/loanrepayment/)

- **Workforce Issues Related to Physical and Behavioral Healthcare Integration Specifically Substance Use Disorders and Primary Care: A Framework.** [www.integration.samhsa.gov/workforce](http://www.integration.samhsa.gov/workforce)
- **The Provider- and Practice-Level Competencies for Integrated Behavioral Health in Primary Care:** A Literature Review. [www.integration.samhsa.gov/workforce](http://www.integration.samhsa.gov/workforce)
- **Building the Capacity for Behavioral Health Services within Primary Care and Medical Settings.** (ATTC)

**Peer Recovery Specialists**

- **Peer Specialist Competencies** [www.samhsa.gov](http://www.samhsa.gov)
- **Whole Health Action Management (WHAM).** 2-day Peer Support training that equips peer providers to improve patient chronic physical and behavioral health care outcomes.
- **Peer Support Program Toolkit.** Behavioral Health and Wellness Program (BHWP), University of Colorado
- **Equipping Behavioral Health Systems & Authorities to Promote Peer Specialists/Peer Recovery Coaching Services.** [www.integration.samhsa.org](http://www.integration.samhsa.org)
Partnership, collaboration, information sharing are key ingredients for a coordinated & comprehensive public health response to the opioid epidemic.